

## Article Featured in The Richmond Times-Dispatch

Front Page Placement  
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# Caregiver app contest planned for March

Local institute, an arm of SeniorNavigator, initiates aid project

BY TAMMIE SMITH  
Richmond Times-Dispatch

Family members caring for aging or chronically ill relatives are at risk for depression and anxiety as they try to balance competing responsibilities — an issue geriatrician Rich-



Lindsay

ard Lindsay feels does not get enough attention.

Can a smartphone or tablet app help?

That's one idea behind a competition being held next spring that will bring together technology-

savvy college students to focus on ways to improve the lives of caregivers by developing apps that address particular caregiving issues.

The app project is one of the initiatives of the newly renamed Lindsay Institute for Innovations in Caregiving, a partnership with SeniorNavigator, a nonprofit resource locator organization.

"When it's all said and done, the backbone of long-term care services in the United

CAREGIVERS, Page A5

### Today in Health

The nation's aging population faces a shortage of geriatric specialists. Page D1

Continued

